

PARISH MAGAZINE



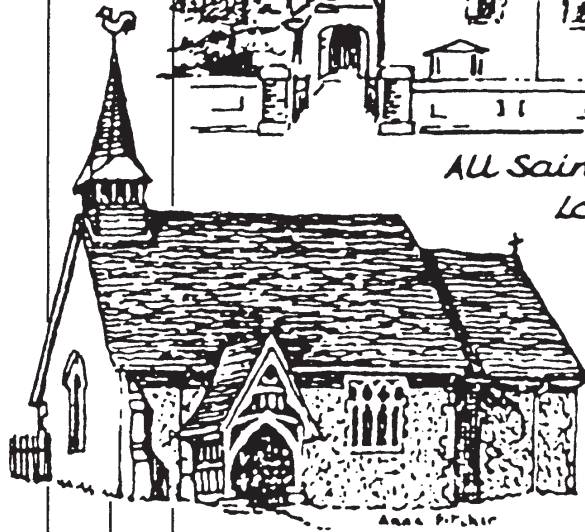
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Herriard*



*St. Andrew's,
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*All Saints',
Long Sutton*



All Saints', Turworth



St. Mary's, Upton Grey



St. Lawrence, Weston Patrick

AUGUST 2017

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BENEFICE MAGAZINE – August 2017

**Edition for the Parishes of Herriard with Winslade, Tunworth,
Upton Grey and Weston Patrick**

Letter from the Benefice Ministry Team

Dear Reader,

I write this at the end of June, a very quiet day, cloudy, rain promised and then, perhaps, back to sunshine. “Flaming June?” Well, it was for quite a long while but then it became almost too hot, the sort of weather we hope for in August. So, thank you for reading these few words in August and I hope it is just the day you wanted it to be.

If August had a colour, I think it would be gold. Fields of golden stubble or wheat, long lazy evenings with a golden, dusty light over the garden. Grass green giving way to the brownish-yellow of lawns and cricket fields yearning for rain. The bright light of too-early dawn mellowed into the inviting warmth of another day and the golden prospect of holidays, long idle days with little to do but indulge our instinctive desire for rest and relaxation.

Why is the need for a holiday, for a break from routine, so fixed into our lives? Compared with earlier generations, most of us are spared the huge physical demands, which were part of normal everyday living for them. Why do we need a holiday at all?

First of all, there is, I believe, a deep-seated resistance to the monotony of routine, getting up, going to bed, creating meals, going to work, walking the same streets, the driving same roads, and so on. Boredom sets in, a dissatisfaction with life, a “surely there must be something other than this” feeling. So, change for the sake of change, is very basic for many of us.

There is also the “stop the world I want to get off ” feeling, when we feel we cannot cope with yet another tragedy, a political crisis, an economic catastrophe so loved by the newspapers and the media. Anything just to get away and enjoy blissful ignorance for a time. But, there is another real reason for needing rest and restoration. Luke’s gospel tells us of crowds surrounding Jesus as he struggled to make his way to a dying child. A woman, chronically ill for many years, touched the hem of his clothes confident that in so doing she might be healed. And she was. Jesus hadn’t seen her actions but he turned to his disciples and asked who had touched him because he felt that “the power had gone out of him”. Feeling that the power has gone out of us, that we

have nothing left to give, that we are helpless and stranded in a place of desolation and vulnerability is a common experience. When Jesus felt like that he retreated to a place of quiet, a lakeside or the top of a mountain, where in silence he was able to build up his spiritual and physical strength and handed everything over to his Father in Heaven.

Wherever you may choose to take your holiday, your break from routine and the demands of the world, find a quiet place even for a few minutes a day, and enjoy the silence and just hand everything over to God, your own special Father in heaven, who loves you and knows you, so that just touching the hem of his garment, just reaching out towards him, will be enough to be healed.

Happy holidays, Jill Lestrille

FROM THE REGISTERS

Baptism

16th July Izzy, Fin and Archie Buchanan, St Mary's, Upton Grey

Wedding

8th July Matthew Brown and Jenna Reid, St Mary's, Upton Grey

Interment of Ashes

1st July Revd Martyn Green, St Lawrence, Weston Patrick

CHURCH NEWS

Adult Choir

There is no Adult Choir practice in August.

Holy Communion Service – Herriard

Our next 10.00am Thursday Holy Communion service in Herriard will be on the 17th August. All are welcome to this informal, friendly and relaxed service, which is followed by refreshments.

A date for your diary: Sunday 13th August – Tent Service

Join us at 9.45am for an informal and relaxed Sunday morning service, suitable for all ages, in the church meadow.

Children and Families

Children are a huge part of the life of our local churches and we make every effort to provide for them in our services and through other groups and events during the year.

Did you know...?

On the 2nd Sunday of the month (not August), in Upton Grey we run Sparks Sunday groups. The groups cater for children aged 3 upwards and we split the session into different age groups for fun games worship and teaching. Drop-off for Sparks is 9.35am at Upton Grey Village Hall, collect from the church at 10.45am.

On the 3rd Sunday of the month, we have an energetic and fun family service at St Mary's Upton Grey at 9.45am with worship and teaching that is easily accessible to children and adults alike. Come and join us, it's great fun.

On the 4th Sunday of the month, at Tunworth at 9am and Herriard at 10am, there are family services, with worship and easily accessible teaching for all.

For more information contact Simon on nhdbrector@gmail.com or 01256 861706.

Our Junior Choir sings on the 1st & 3rd Sundays of the month (not August), and children aged 5 and upward who can read are welcome to join.

Midweek refreshing

Did you know that on the 3rd Thursday of every month at 10am there is an informal communion service and discussion at St Mary's Church Herriard? Well you do now. It's a great opportunity to take an hour out in the middle of the week for some refreshing worship, conversation and coffee. The service is open to all and we'd love to see you there.

The upcoming dates are: Aug 17th, Sept 21st, Oct 19th and Nov 16th.

Don't forget we have a website: www.uptongreychurch.co.uk. It carries the monthly Parish Magazine including service times and diary dates, plus details of local groups and organisations and other information relating to the four churches.

Harvest Supper in aid of St Mary's Church

Our cottage pie and apple crumble supper will take place on Saturday 30th September at 7.30pm at The Village Hall Upton Grey. There will be a pay bar, raffle and quiz. Tickets can be bought from the Village Shop from the beginning of September or by calling 862251 or 861218. Do come and support us, it's a good fun evening and we look forward to seeing you.

THE FIRST ANNUAL UPTON GREY SOAPBOX RACE EXTRAVAGANZA... and FESTIVAL OF SLOW



But what is a soapbox race I hear you cry?

Well a soapbox race is a downhill time-trial for homemade go- karts. Whichever soapbox racer completes the set course in the quickest time wins.

Are the go karts allowed engines you may be wondering?

No they are not. Soapbox racers are propelled only by gravity.

Do they need to have brakes?

That rather depends on how brave you are...

When will this momentous event take place?

The race is scheduled to run on Saturday 9th September 2017. From 9am – 4pm. The course will run along Church Street, Upton Grey, starting at Cemetery Lane and finishing outside the village shop. The road will be closed for the duration of the event and a diversion will be in place.

How can I enter a soapbox racer is the next obvious question...

It's easy. We're running 3 classes. Under 11's (which will start much lower down the hill) 12-18's (which will start a bit higher up) and 18+ (which will start at the top of the hill).

To register an entry all you need to do is email ugsoapbox@gmail.com and in return you'll be sent an entry form and a copy of the rather brief regulations. There will also be a hefty legal disclaimer to sign.

There is no entry fee. But entrants are welcome to make a donation along the lines of:

Under 11's – Free, 12-18's - £10 per soapbox racer, 18+ - £25 per soapbox racer.

The event is a not-for-profit event with any monies raised being split between St Mary's Church Upton Grey and Long Sutton Primary School.

And just in case that's not enough to work you up into a frenzy of excitement...Once the soapbox races are over we'll have our very own Upton Grey Festival of ~~Speed~~ Slow as we do demonstration runs back up the hill in a variety of Formula 1 and other racing cars. Bring your earplugs; it's going to be loud...

Simon.



Kids' Zone

August Birthdays

4th	Fifi Harrison	23rd	Emily Harrison
5th	Nicole Youche	24th	Freya Miller
8th	Steve Crisp	27th	Charlie Smith
14th	Miles Raven	29th	Rebecca Jakeman
22nd	Hugo Yeoman		

Birthdays

If you would like a child's birthday put in the magazine and they are not already on the list, please would you send name and birthday to Kate at kate.goddard1@virgin.net

Junior choir

As with the Adult Choir, there are no practices in August. We will resume our activities in September – see the September magazine for more details.

Sparks!

There is no Sparks in August so our next meeting will be on Sunday 10th September in Upton Grey village hall – please drop off your children at the village hall from 9.35am for a fun session of crafts, games and worship. Collect from church at 10.45am.

Children's Summer Swimming and Picnic

Tuesday 15th August, 3.30pm-5.30pm

Swimming + pizza + ice cream at Old Barn House, Weston Road, Upton Grey. All ages 0-16 are welcome (you just need to bring an adult with you to help at the pool). Please RSVP: Annabel Acheson-Gray (861351) annabelsag@gmail.com for numbers.

The History of the Beach Hut



King George III used wheeled bathing machines at Mudford in 1801, while Queen Victoria used them at Osbourne House on the Isle of Wight. Today, there are approximately 20,000 huts across the UK.

The UK's first public beach huts were built in Bournemouth in 1909. Hut 2359 is the oldest one. The Purbeck View huts at Alum Chine beach have a traditional design, but have an informal village style layout. This gives the huts a sense of community.

There are nearly 2,000 beach huts along Bournemouth beach. They had evolved from the wheeled bathing machines used by Victorians to preserve their modesty. George III gave royal approval to the new fashion when he took a medicinal bath at Weymouth to the musical accompaniment of 'God Save the King.', while Queen Victoria installed one at Osbourne House on the Isle of Wight in the 1840s. In the early 20th century, beach huts were regarded as "holiday homes for the toiling classes", but in the 1930s their image revived, George V and Queen Mary spent the day at a beach hut in Sussex, and other owners have included the Spencer family and Laurence Olivier. During World War II all UK beaches were closed, the reopening in the late 1940s and 1950s led to resurgence of the British beach holiday and the heyday of the Beach Hut. While many beach huts were former fishermen's huts, boatsheds or converted bathing machines, some of the earliest purpose built beach huts in the UK were erected at Bournemouth, either side of Bournemouth Pier in 1909. Designed by F. P. Dolamore, Bournemouth's Borough Engineer, they were offered for hire for £12 10s per year. 160 huts, or bungalows as they were styled, were initially built before the World War I. Today, Bournemouth features around 520 huts owned

by the Council; there are in addition a further 1200 privately owned huts. They vary in style from the traditional, wooden, shed-like constructions to the ultra modern, concrete terrace style huts such as the 1950s Overstrand beach huts at Boscombe. These were renovated to designs by Wayne and Gerardine Hemingway, founders of the Red or Dead label, as Beach Pods for the Surf Reef opened in Autumn 2009.



FROM THE VILLAGES

Local Police Report

Dear Residents, I want to make you aware of recent crime in our area. I am also seeking any information or witnesses but also want to make residents aware that criminals do frequent our area and will commit crime given the chance. Please remain vigilant and report any suspicious people, vehicles or incidents.

Within the area of this magazine, overnight on the 27th and 28th June 2017, a garden shed was broken into at a house in Greywell Road, Upton Grey and a chainsaw stolen. On the same night at the pond in Upton Grey, a set of windscreen wipers was stolen from a parked Range Rover. In Herriard, over a three-month period, heating oil was stolen from a tank near to a house and whilst there are no witnesses I ask residents to keep an eye on their oil tanks. Alarms can be fitted and security measures taken to prevent heating oil theft.

Slightly further afield, overnight on the 14th June and the 15th June 2017 two petrol generators were stolen from the campsite off Northgate Lane, Ellisfield. On the same evening of the 14th June 2017 at 9:59pm, the burglar alarm of a house at the far end of Cliddesden village near the old railway line on the B3046 went off, it did so as a burglar was breaking into the house, thankfully nothing appears to have been stolen, but it does show that a good alarm can be and is a deterrent to house and shed burglary.

On the 19th June 2017 at about 3:45pm, the Vestry of St Leonard's Church at Cliddesden was broken into and church silverware and records were stolen. We are aware that a blue small saloon car was seen outside the church at about this time and that a white woman with blond hair and wearing sunglasses and a white top was seen sat on the church wall

outside. Whilst this is an unusual type of crime the criminals caused considerable damage to inside the church Vestry.

Overnight on the 29th and 30th June several metal containers were broken into at a farm in Dummer, later that evening a large barn was also broken into at another farm in the parish in which garden equipment valued at almost £9,000 was stolen.

Between the 29th June and the 1st July, the garden nurseries in Hackwood Lane, Cliddesden were also broken into with several items of garden equipment being stolen. I ask if anyone was in Hackwood Lane and saw or heard anything unusual between these times to please give me a call direct.

If you can assist with any information concerning these crimes please give me a call directly and as always all calls will be treated with the strictest confidence. Many thanks as always.

Andrew REID, Local Constable.

Police Constable 3746, Rural Beat Officer, Police Office, Preston Candover. DD:01256:389050 HQ: 101 Mob: 07768:776844

andrew.reid@hampshire.pnn.police.uk

UPTON GREY NEWS

www.uptongreychurch.co.uk

www.uptongreyparishcouncil.co.uk

Summer Flower Show Church Meadow Saturday 12th August

The committee have arranged another good show starting at 1.00 pm and ending promptly at 5.00pm in order for time to convert the main marquee into a venue for this year's Summer Dance. The dance details will be published soon but tickets will remain at £10 per head and will include optional **Hog Roast** at cost or bring your own food and drink. This is a great evening and everyone is most welcome. Contact either Roger Clark 01256-862766 or Peter Haynes 01256-862433

The Summer Show will include side stalls including Alpacas, a Farrier at work, Punch and Judy Shows, Owls and Hawks/Kestrels display and trials, vintage cars etc and of course beef burgers in a bun and an ice cream van. Entry is free and car parking is free. A small charge of £1 is made for entry to the main Marquee but children are free. The show needs the villagers support and this particularly relates to children and adult entries whether it is flowers, paintings, vegetables, crafts or photography. So please try and enter and come along.

The Dog Show will be centre stage and some seating will be available around the arena so please all dog owners bring along your family pet. All in all, an excellent English village day. Please bring along friends and family. Programmes and entry forms will be delivered by our friendly postman and once issued will also be available at the local shop or from myself or the secretary to the show, June Hunt 01256-862719

Wot! – Dancing In A Field!! Yes – it's our annual **Summer Disco Party** or poor man's Glyndebourne. In a large marquee in Church Meadow at 7.30pm on Saturday, 12th August. It's not free but it's only £10 to help defray the costs of the marquee for the Upton Grey Flower Show. For all age groups, with Disco Solutions playing music from the 60's to current. Bring your own food and drink. Alternatively, we have a **Real Ale** (Andwell's) pay bar and this year we have a Newlyn's Farm Shop Genuine **Hog Roast** with all the trimmings, new potatoes and coleslaw for only £8.50 per head – ordered in advance through Roger Clark. You can reserve your own tables and tickets are available from the Village Shop, Peter Haynes (862433) or Roger Clark (862776). So invite your friends and family along for the village's second great outside event of the summer.

Summer Flower Show Tombola Collection August 2016

The Tombola team will be collecting around the village on Tuesday 8th, Wednesday 9th August between 6:30pm and 9pm. Bottles and cans are always welcome, please can you check that they are not opened and within the use by date! If you will be away please contact Mike Mendoza (861998) to arrange another collection time.

Thank you for your donations

TEA@3 August

We will not be having a tea in August as so many people are going to be away and also there is so much going on in the village with the Flower Show etc. that it has been difficult to find a date! However we hope you all have a lovely summer and look forward to catching up with you in September and hearing all your news! Details of the September tea will be in the next issue of the Parish Magazine.

Barbara 862627, Jill 862131, Viv 862455

Upton Grey Tennis Club

Junior Tennis Coaching Week 7th–11th August at Upton Grey Tennis Court. The Tennis Court Committee invite children between 4.5 and 15 years old to a Summer Tennis Week. Sessions start from 9.00am and are about 45 minutes long. The coach will be Andrew Ridgers, who has been leading the tennis coaching for some years. He is very highly regarded and makes the sessions fun for all. He also coaches at Odiham tennis club. The youngest children have the first session, and then there are usually several more groups. The cost is £15 per child. We are able to keep this low due to the continued and much-appreciated support from the Upton Grey Educational Trust. In the event of bad weather the sessions will be cancelled.

Please contact Susannah Livingston Booth, Redwing House, Upton Grey, RG25 2RD or email on: slivingstonbooth@gmail.com Tel: 861419 Mob: 07957 401174.

Payment by the 1st August by cash or cheque (made payable to Upton Grey Village Tennis Court) to Susannah Livingston Booth at Redwing House or by Bank Transfer to Upton Grey Village Tennis Court. Bank Details are: Sort Code 30-93-32, Account No: 02410908

Village Hall 100 Club July Draw

First prize £100 No 107 Mrs. M. Davy

Second prize No 39 Mrs. M. Wateridge

The 100 club is your village halls main fundraiser.

If you wish to support this valuable facility please contact Caroline James 862480. Annual subs are £24 or £2 per month. (Annual preferred). Be Lucky!

Open Air Theatre *Twelfth Night* Sunday 13th August 4.00pm

Tickets are now on sale for Rain or Shine Theatre Company's second visit to Upton Grey. This year they are performing *Twelfth Night* in Church Meadow on Sunday 13th August. Gates open for picnics at 3.00pm and the performance starts at 4.00pm. Please bring your own seating and picnics – there is a marquee if it's wet!

Tickets are £6.00 each; under 5s free. Please contact 862440 or 0330 660 0541 or email: sajgray59@yahoo.co.uk to buy your tickets.

Children in Need Concert 2017 - November 11th

Hi all you budding pirates and piratesses...methinks many of you will be going on your summer holidays soon, probably down but the sea if you'se be lucky.

So this is just a gentle reminder, that while you are away by the sea and the waves with lots of boats and whales and dolphins, seagulls and the like you might like to look around for piratical inspiration for something to do for our special CiN show.

While the theme is generally pirates...that of course can include all things to do with the sea, boats, sea creatures...and fully blown pirates of course.

So look out for your pirate gear in the seaside shops, look for sea songs and poems, think wicked pirate thoughts and see what the "Inspiration of the Sea" might suggest to you...something different, something maybe naughty, something your parents would love to do if they were smaller.

We are already planning to have a MINI - PIRATE chorus for some songs, plus a BIG PIRATE chorus for those who think they might be "all grown up". Most things go...songs...poems...short stories...silly jokes...dance...standing on your head playing the fiddle...something nautical...all dressed up like a pirate or sailor...new ideas positively encouraged.

So have a fabulous summer holiday, get your buckles swashed and your pirate swords sharpened...for CiN 2017 is not far away!?? Yo ho ho and a bottle of something wicked to you all!! Have a great summer and see you later in the year

Dave and the CiN Pirate Crew

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HERRIARD AND WINSLADE NEWS

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Full Obituary: Mike Branigan, 23rd October 1941 to 13th June 2017, Aged 75. Chair of Herriard Parish Council.

Mike was born in Reading in 1941. He became Head Boy of Stoneham Grammar School, where he excelled at sports: captaining the rugby, cricket and football teams, as well as representing Berkshire schoolboys. He read Geography at Liverpool University, where he met Tish Rawlinson. They were married in 1965.

He began his lifelong career with Shell as a regional rep, and Tish and Mike started their family. Patrick was born in 1969, Daniel in 1970 and Katie in 1974. His promotions through the ranks of Shell gave them an exciting odyssey around the UK before they settled in Kennel Cottage, Herriard, in 1978.

Mike became a Senior Marketing Executive for Shell UK and then Shell International, and a fantastic opportunity arose to relocate to Canada. This was a wonderful time for the whole family. Their achievements and adventures in Canada included Tish babysitting Eddy the Eagle at the Calgary Winter Olympics and Mike commissioning a giant hot air balloon in the shape of a petrol pump and the Calgary Saddledome Olympic walkway.

In 1989 Mike and Tish returned to the UK where he developed Shell's involvement with Formula 1 through the Marlboro McLaren team and then with Ferrari. Highlights included playing tennis with Ayrton Senna and singing "Suspicious Minds" in karaoke with Michael Schumacher! In 1995 he was promoted to Head of Marketing for Shell Asia with two years in Bangkok, followed by two more in Kuala Lumpur, before returning to the UK and retiring.

Sadly what should have been a much deserved, long, active and reflective retirement with his true love and best friend was cut cruelly short by the onset of Tish's Alzheimer's and, ultimately, Mike's cancer.

In Herriard, Mike was a Parish Councillor for nearly 20 years and Parish Chairman for the past two - and he was a very good one. Through his Parish Council roles Mike gave his time, vision and skills generously. We are indebted to him for leading a huge range of successful projects in the village. From the 20,000 daffodils that grace

Herriard Green each Spring - to the village-wide survey in 2013 that has spun-off so many other initiatives - these were in large part Mike's ideas.

Michael Schumacher, someone Mike knew and respected said, "Never think that success is down to just your own performance. The flowers of victory belong in many vases". So it was with Mike, who was always meticulous about thanking others for their help - whether that was his fellow councillors, members of the Parish Council working groups that supported them, or the village at large.

It's a sadness to all of us involved, that Mike won't see the completion of the new housing in the village - the need for which was illuminated by that 2013 survey. Mike did a huge amount to drive this project and his infectious enthusiasm was vital as plans progressed. Mike was fair and objective and always stood up for the things that mattered to Herriard, he lead from the front in challenging things that threatened the village or the well-being of people who live here. Mike was well known locally as a skilled and tenacious lobbyist, and a number of politicians and civil servants Mike dealt with during his time as Chairman also came to understand this!

Mike was a true villager. He brought people together and whatever the situation, everyone knew he would always help out. Many remember the festive gatherings in the Herriard Royal British Legion hall after the annual Carol Concert. Mike with his continuously replenished pitcher of mulled wine: filling, refilling and refilling the glasses of all those assembled. Mike's smile would always broaden as the event progressed - frequent sampling was essential so he could be certain quality was maintained!

On behalf of Herriard Parish Council and the village: thank you for everything Mike. The Branigan Family & Gareth Davies (on behalf of Herriard Parish Council)

Herriard & Winslade Summer Fete & Fun Dog Show, June 18th 2017: Hottest Herriard Fete Ever?!

Will this year go down as the hottest Herriard Fete ever? We think it was! Understandably the Fun Dog Show was much quieter than usual – but the bar and the ice cream van did a roaring trade! The bric-a-brac stand was huge and did very well, the Teddy Tombola sold out and the Draw did brilliantly. The plant stall (all the plants were grown locally and mostly by the Herriard Garden Club) was really popular and looked

stunning. The bottle tombola was the largest ever and sold out really quickly. There were so many games for the children plus a teacup fairground ride.

We were also so lucky to have for the first time some interactive street theatre games, which were brilliant fun! The welly throwing and china smashing were thoroughly enjoyed - even in the heat of the afternoon! The legendry Herriard Teas did well – more squash than tea! The cakes all cooked by villagers were amazing and absolutely delicious. The Produce Stall was heaving with all manner of locally made cakes, biscuits, jams, marmalade, cheese etc.

This year's grand total was £2,785.46 – an amazing figure despite the sweltering weather! It all goes to St Mary's Church Herriard with Winslade. Thank you to all those people who braved the heat to come and support us, and to everyone who helped out on the day – you're amazing!!! We begin now to make notes for next year – and we're definitely thinking water slide!

Kate, Sara and Fiona

Herriard and Lasham with Bentworth WI: Life Under German Rule and RHS Wisley Visit!

On 6th July we had our Garden Meeting at 1, Nashes Green, by kind invitation of Diane Southam. It was a very hot day and we were pleased to have shelter under the gazebo. We started the meeting with a Pimms. After the business we had various cakes and scones, some donated by members.

The results of the Alton Group Quiz were announced and our team won with 146 points against 143, 133 and 107. As our visit to Wisley had to be changed to 9th September we are still hoping to fill the coach, we need 17 to pay. If you would be interested please get in touch with Diane 381965 for more details.

We have been invited to Barbara Jeremiah's Brick Kiln Cottage to play croquet on 3rd August at 2.00pm, she requests that we wear a hat and dresses for the occasion, please bring a small amount of food for the refreshments. Thank you so much Diane for such a lovely meeting in your beautiful garden.

The September meeting is in RBL Hall at 7.30 on 7th. Life under German Rule in Guernsey. We would welcome newcomers to our meetings.

Helen Herring

WESTON PATRICK and WESTON CORBETT NEWS

Summer BBQ in aid of St Lawrence Church

Weston Patrick and Weston Corbett held their Annual Summer BBQ on the 1st July in aid of St Lawrence Church, in the grounds of the Old Rectory, Weston Patrick, by kind permission of Mr. and Mrs. R Longfield. The sun shone and a large crowd from the village and surrounding area enjoyed an excellent BBQ of local leg of lamb, excellent salads, outstanding puddings, cheese and so much more. The feedback has been excellent and a wonderful sum of £1812.50 was raised for St Lawrence's Church. Thank you to all who attended and supported the evening and all those who gave their time to get the evening organised. This annual event is great fun, so if you haven't attended one before, look out for a date next year for next year's event and come along. You will be very welcome and it's in a good cause

...AND OTHER IMPORTANT THINGS

Ride and Stride: 9th September 2017

Ride and Stride is a fun day out for all. The day comprises simply visiting as many churches as you either can or want to in a day, always the second Saturday in September. How you do it is up to you, in the past tractors have been driven from church to church, horses have been ridden, and the visits have even been made using a bus pass. Many churches provide refreshments on the day, so not only do you get to see some great buildings, you also get to meet some really nice and interesting people – who feed you as well!

There is a serious side to Ride and Stride, the event is non-religious and is organised to raise money for the maintenance of the fabric of our churches. If you want to take part please see the website www.hihct.org.uk which will give you details of all the churches participating throughout Hampshire, as well as details of how to make a donation or get sponsorship.

North Hampshire Downs Mothers' Union

We normally have a quiet month in August – but this year we will be baking cakes for RAF Families Day on 24th August. We meet again in September for our AGM on Tuesday 19th September combined with our bring and share supper. You are most welcome to join us to find out more about all our activities. Our Leader, Sue Murphy, can be contacted on 01252 845011.

RAF Odiham Families Day, Thursday 24th August 2017

Once again Odiham Deanery Mothers' Union has been asked to provide tea and homemade cakes for RAF Odiham's Families Day on 24th August. We expect to cater for around 3,000 people on the day, and our stall is greatly appreciated by the personnel and their families, who now eagerly come and find us. May we ask you to bake again? We would be grateful for contributions of home made biscuits, cakes, buns, tray bakes, cup cakes. Favourites are carrot cake, chocolate anything, lemon drizzle, coffee cake, fairy cakes.

IMPORTANT! * NO NUTS! (not even decoration) *** NO FRESH CREAM! *****

As usual we need thousands of cakes and biscuits, and these are never wasted. Any leftovers go to other Mothers' Union projects immediately. If you can't bake, please consider a donation, as there is always much to buy and we do not charge for the refreshments. It is an important part of our service to the RAF families to let them have it for free. We will be collecting cakes on Wednesday 23rd August, so please contact one of the following to arrange to drop off your cake, or to have it collected: Valerie Bartlett, 703501, Carol Kirkpatrick, 702609. Thank you so much, and we look forward to another successful year.

News from Basingstoke Voluntary Action

Are you looking to volunteer? If you are looking for a voluntary role, do visit www.volunteernorthhants.org.uk or contact us at vc@bvaction.org.uk or phone 01256 423850 for an appointment to explore potential volunteering opportunities. If you have questions about volunteering visit www.volunteernorthhants.org/volunteering/

Our volunteering website, in partnership with Hart and Rushmoor Volunteer Centre, is proving to be a great success. Having moved away from Do-it, we are now able to provide organisations with more detailed information about potential volunteers and our placement rate has increased significantly.

North Warnborough & District Garden Club

There will be no meeting in August. We look forward to seeing everyone again in September. Details will be published in the September edition.

News from St Mary's School, Bentworth

The Bentworth Village and School Fete was a wonderful day for us all – even the weather played its part!! The Cheerleaders were amazing and the Year R Dancers were so confident and proud! Huge congratulations to all who performed. The Confident Kids workshops have been running for a little while now and really help to prepare our Year R children for Sharing Assemblies and wider school events.

As the youngest members of the school prepare to move into Year 1, their Year R reports reflect just how hard the Oak team work to provide your children with the very best learning opportunities. There are exciting times ahead!

Moving from the youngest children to the eldest children.... The Year 6 Maths Competition Team merged with Amery Hill to enter the district Alton College Maths Challenge. This was the next step after St Marys won the Alton Primary Schools Maths Competition and the children were looking forward to it. Mrs Fordyce, Chair of Governors for St Marys, took the children and expressed how challenging the event was. The team had to work both individually and as a team, under various time pressures and in a range of problem-solving and reasoning questions.

Staying with Y6, Staff members and many proud parents, joined Elder Class for their Leavers Service at Winchester Cathedral. Bishop Jonathan and Bishop Tim spoke to a packed cathedral about the Parable of the Lost Sheep and all the schools brought their Ewe. St Mary's Ewes looked amazing and we hope this helps Elder Class remember that every single unique and wonderful individual is valued by God and valued by us!

This year, Father's Day was not only extremely hot but it was also the day of The Shalden Fete. The school choir sung beautifully under a cool and shady tree. Well done to all the children who came along and thank you to the parents who gave up their time too – much appreciated.

We are delighted to announce some new appointments to the super team at St Marys. We have a new Caretaker – Mr Flowers who has

already made an amazing start and new staff members joining the team in September, Mrs. Billington - the new SENCo, working at St. Mary's one day a week, Miss. Guy who will be a full-time Learning Support Assistant —supporting Miss Woods in Lime Class in the morning and giving whole school support, where needed and finally Mrs. Jones who will be a Learning Support Assistant giving small group support in Lime Class in the afternoons. WELCOME TO YOU ALL!

In another first for the school, we held a Resilience evening with Maureen Bowes who is an amazing and insightful professional. 72 children had parents who attended the evening, all coming together, to think about what our children need to enable them to develop into unique and wonderful young adults who will unleash their magic even further.

It is wonderful when a pupil takes an opportunity and runs with it, which is exactly what one pupil in Lime Class did when Gilbert White Museum ran a nature writing competition (Alton schools). Rose Edmunds won the competition with an amazing poem about nocturnal animals. The manager of the educational centre said "The minute I read her poem, it transported me to a forest in the dark of night. Her word choices were perfect— I just loved it". Many congratulations Rose!

Earlier this term, thanks to the determination of the Pupil Council and some great contacts from Canon Ed, we had the opportunity to meet Ross Smith. Ross has cerebral palsy and has known Canon Ed for over 25 years, when they first met at Treloar's. Ross talked about his normal day, his work, his equipment and his dreams and hobbies. He also talked about his own personal challenges. The children had a Q&A session and we sang a song about walking together and being strong as one. Very poignant in recent weeks. The children really enjoyed his visit and one pupil was heard to say as they walked back up to school - "that was the best Collective Worship ever". Many thanks to Canon Ed and the Pupil Council and of course, Ross Smith.

St Mary's raised an incredible £165 for Race for Life Cancer Research and completed an amazing 108 miles!

Caity Stevens won a Hampshire Music Service Composing Competition. Children who play the oboe in Hampshire will be able to play her composition which she named 'The Elephant's dance'. Well-done Caity!

Sitting with Jane

Sitting with Jane is a unique public art trail to celebrate Jane Austen's connections with Basingstoke and her birthplace, Steventon, and forms part of a global commemoration of her life in 2017, the 200th anniversary of her death.

Sitting with Jane is a trail made up of 24 'BookBenches' in and around Basingstoke, each uniquely designed and painted by a professional artist with their personal interpretation of a Jane Austen theme. The trail will link together locations – all with free public access. It will be in place between June and September 2017, and will be accompanied by a free to download app and a trail guide.

After, the benches will all be auctioned in aid of our charity partner, Ark Cancer Centre Charity, to leave a valuable lasting legacy in the region.

<http://www.sittingwithjane.com/>

Rotary creates fun “Sitting with Jane”

For a bit of fun for all the family, Basingstoke Deane Rotary has created simple challenges. They are based around “Sitting with Jane”, simple to take part in, cost nothing to enter, but there are prizes!

Spot the bench. There are 10 beautifully painted “Sitting with Jane” book-benches sited around the centre of Basingstoke. Rotary has captured photos of a small section of each bench. The challenge is to identify the benches from the photos. Entries back by August 31st, and all fully correct ones will be entered into a prize draw. For the more adventurous, try the bigger challenge to spot the 12 benches sited around our local villages.

Rotopix17 This is a simple photo + caption competition in which all the family can get involved. Take a photo, add a caption to make it amusing, and together photo + caption need to fit the theme “Anything related to Jane Austen”. Have fun being creative. Entries back by August 31st, and there are awards for winners.

Basingstoke Deane Rotary is running these challenges to support the local Ark Cancer Centre Charity. To find out more details about all of them, and how to take part in each, simply go to our Basingstoke Deane Rotary website www.rcbd.org.uk. We think you'll find them fun for all the family.

August events at the Basingstoke Discovery Centre

Charlie's Storytelling Parties Thursday 3rd August / 10am & 11.15am / £3.75 (Adults free) / Ages 3+. Join children's entertainer and actress Charlie Sanderson for 45 minutes of storytelling, singing and other surprises! □□□

Cycling with Confidence Saturday 5th August / 10.30am / £3.50□□Cycling is healthy, convenient, cheap, easy and fun. This session looks at everything you need to cycle safely, whether for family rides, cycling to school or work, relaxing fun, or whether you dream of being the next Totty or Wiggo. As well as tips on bike types, cycle care, group riding and safe riding techniques for dealing with today's road conditions, you may also discover why you should not give a balloon to a hedgehog!

Board in the Library □Wednesday 9th August / 2pm – 6pm / FREE Bring out your competitive streak with games like Splendour and Carcassonne. Or working cooperatively – try a game of Pandemic to help save humanity!

Creative Writing Wednesday 16th August / 2pm – 4pm / £1 New members are welcome at this supportive group for writers of all genres and ability

Family Chess Coaching Tuesday 22nd August / 10am – 1pm (drop-in) / Free. David Graham and members of the Basingstoke Junior Chess Club will be visiting to offer hints, tips and guidance for complete beginners as well as to those with some knowledge and experience.

Advance booking is strongly recommended - for ticketed events you can order online or visit Basingstoke Discovery Centre in Festival Place, or call 01256 478670.

www.hants.gov.uk/librariesandarchives/library/libraryfinder/basingstoke

Odiham and Old Basing Health Centres: Patient Participation Group: Diabetes

Diabetes is a lifelong condition that causes a person's blood sugar level to become too high. There are two main types of diabetes: type 1 diabetes – where the body's immune system attacks and destroys the cells that produce insulin. Type 2 – where the body doesn't produce enough insulin, or the body's cells don't react to insulin .

Type 2 diabetes is far more common than type 1. In the UK, around 90% of all adults with diabetes have type 2. During

pregnancy, some women have such high levels of blood glucose that their body is unable to produce enough insulin to absorb it all. This is known as gestational diabetes. Many more people have blood sugar levels above the normal range, but not high enough to be diagnosed as having diabetes. This is sometimes known as pre-diabetes. If your blood sugar level is above the normal range, your risk of developing full-blown diabetes is increased. It's very important for diabetes to be diagnosed as early as possible because it will get progressively worse if left untreated.

When to see a doctor: Visit your GP as soon as possible if you experience the main symptoms of diabetes, which include feeling very thirsty, urinating more frequently than usual (particularly at night), feeling very tired, weight loss and loss of muscle bulk, itching around the penis or vagina, or frequent episodes of thrush, cuts or wounds that heal slowly and blurred vision. Type 1 diabetes can develop quickly over weeks or even days. Many people have type 2 diabetes for years without realising because the early symptoms tend to be general.

Causes of diabetes: The amount of sugar in the blood is controlled by a hormone called insulin, which is produced by the pancreas (a gland behind the stomach). When food is digested and enters your bloodstream, insulin moves glucose out of the blood and into cells, where it's broken down to produce energy. However, if you have diabetes, your body is unable to break down glucose into energy. This is because there's either not enough insulin to move the glucose, or the insulin produced doesn't work properly. Although there are no lifestyle changes you can make to lower your risk of type 1 diabetes, type 2 diabetes is often linked to being overweight

Living with diabetes: If you're diagnosed with diabetes, you'll need to eat healthily, take regular exercise and carry out regular blood tests to ensure your blood glucose levels stay balanced. People diagnosed with type 1 diabetes also require regular insulin injections for the rest of their life. As type 2 diabetes is a progressive condition, medication may eventually be required, usually in the form of tablets.

Diabetic eye screening: Everyone with diabetes aged 12 or over should be invited to have their eyes screened once a year. If you have diabetes, your eyes are at risk from diabetic retinopathy, a condition that can lead to sight loss if it's not treated. Screening, which involves a half-hour check to examine the back of the eyes, is a way of detecting the condition early so it can be treated more effectively.

SMALL ADS

Pick Your Own - West Green Fruits

West Green Road, Hartley Wintney RG27 8LP. Open June to September for a wide selection of PYO & ready-picked summer fruits and vegetables, honey, jams and free-range eggs; and Christmas trees etc from end November. For information please call 01252 845772 or visit www.westgreenfruits.com

Herriard, Converted Stable Block

Available for short lets, weekends, holidays, wedding guests etc. Beautiful countryside, walk straight onto foot/bridle paths. Large double bedroom, bathroom, open plan 26' kitchen/dining/drawing room with log burning fire. Small garden. 2-night minimum. Breakfast food provided for 2-night stays. Tricia Neri 07788 585001 or tricianeri@aol.com

HALLS FOR HIRE

Upton Grey Village Hall for hire from £7.00 per hour. Functions, meetings, parties, private and commercial. Full kitchen facilities, central heating and sound system, chairs, tables, crockery and cutlery available. Contact Brian and Pam Dixey for further information, 01256 862577.

The Royal British Legion Hall, Herriard Available for hire: wedding receptions, functions, parties, meetings, and events. Fully licensed bar, full kitchen facilities, garden, tables and chairs, sound system, disabled access, central heating, pool table and darts. Key holder 01256 381403 or email hall bookings to herriardrbllhall@aol.co.uk

Disclaimer: Please note that the views expressed in this magazine are the contributors' personal opinions and do not necessarily represent the views of the editors

CHURCH SERVICES (please also see the weekday services under “Regular Events”)**6 August – The 8th Sunday after Trinity**

Holy Communion (1662 said)	8:00am	Tunworth
Family Communion (CW sung)	9:45am	Upton Grey
Family Communion (CW sung)	11:15am	Herriard
Matins (sung)	11:15am	Weston Patrick

13 August – The 9th Sunday after Trinity

Holy Communion (1662 said)	8:00am	Herriard
Tent Service (in the meadow)	9:45am	Upton Grey
Holy Communion (CW sung)	11:15am	Weston Patrick
Evensong (sung)	6:00pm	Tunworth

20 August – The 10th Sunday after Trinity

(No 8.00am service at Upton Grey)		
Holy Communion (CW sung)	9:00am	Tunworth
Family Service (sung)	9:45am	Upton Grey
Morning Prayer Patronal (sung)	10:00am	Herriard

27 August – The 11th Sunday after Trinity

Holy Communion (1662 said)	8:00am	Weston Patrick
Family Service (sung)	9:00am	Tunworth
Café Church	9:45am	Upton Grey
Family Service (sung)	10:00am	Herriard

3 September – The 12th Sunday after Trinity

Holy Communion (1662 said)	*9:00am	Tunworth
Family Communion (CW sung)	9:45am	Upton Grey
Family Communion (CW sung)	11:15am	Herriard
Matins (sung)	11:15am	Weston Patrick
Benefice Licensing Service: Linda Scard	3.00pm	Newnham

10 September – The 13th Sunday after Trinity

Holy Communion (1662 said)	8:00am	Herriard
Parish Communion Patronal (CW sung)	9:45am	Upton Grey
Holy Communion (CW sung)	11:15am	Weston Patrick
Evensong (sung)	6:00pm	Tunworth

17 September – The 14th Sunday after Trinity

Holy Communion (1662 said)	8:00am	Upton Grey
Holy Communion (CW sung)	9:00am	Tunworth
Family Service (sung)	9:45am	Upton Grey
Matins (sung)	10:00am	Herriard
Benefice Worship Gathering	7:30pm	Odiham

24 September – The 15th Sunday after Trinity

Holy Communion (1662 said)	8:00am	Weston Patrick
Family Service (sung)	9:00am	Tunworth
Café Church	9:45am	Upton Grey
Family Service (sung)	10:00am	Herriard

* Please note the new time for the Tunworth BCP Holy Communion service on the first Sunday of the month: from September at 9.00am (previously 8.00am).

DATES FOR YOUR DIARY – August 2017

This Month

7th-11th Aug	Children's Tennis Coaching, UG Tennis Court	9.00am
12th Aug Sat	Summer Flower Show, Church Meadow Upton Grey	1.00pm
12th Aug Sat	Summer Disco Dinner Party, Church Meadow, Upton Grey	7.30pm
13th Aug Sun	Tent service in the meadow – Upton Grey	
13th Aug Sun	Twelfth Night, Church Meadow, Upton Grey	3.00pm
15th Aug Tue	Children's Summer Swimming and Picnic	3.30pm

Advance Dates 2017

9th Sep Sat	Soapbox Challenge Extravaganza, Upton Grey	9.00am-4.00pm
30th Sep Sat	Harvest Supper, Upton Grey Village Hall	7.30pm
28th Oct Sat	Upton Grey Autumn Festival	
11th Nov Sat	Children in Need, St Mary's Church, Upton Grey	6.00pm

Regular Events

Each Mon	Prayer Group, 4 Little Hoddington	9.45am
Each Wed	Upton Grey Toddler Group	10.00am
Each Wed	Dementia Support plus Carers, Sunflower Café, Odiham	2.00pm
1st Thurs	Herriard WI	7.30pm
1st Thurs	Tunworth Coffee morning, Tunworth Church,	10.30pm
1st Sun	Junior Choir Practice in Upton Grey Church	9.00am
2nd Sun	Sparks Sunday Club, Village Hall, Upton Grey	9.35am
2nd and 4th Mon	Upton Grey Bridge Club at The Hodd (not summer)	7.30pm
3rd Thurs	Holy Communion, Herriard Church	10.00am
Last Thurs	Herriard Village Supper at Fur and Feathers (check first)	7.30pm

1662 Book of Common Prayer Communion Services

1st Sunday of the Month – All Saints, Tunworth	8.00 am (9.00 am from September)
2nd Sunday – St Mary's, Herriard	8.00am
3rd Sunday – St Mary's, Upton Grey	8.00am (no service in August)
4th Sunday – St Lawrence, Weston Patrick	8.00am

Copy deadline: The deadline for articles and items is 15th August for the September issue.

Email uptongreymagazine@gmail.com. If your item is really crucial and time-critical, please also email next month's editor Tess Chevallier at tess.ugmag@gmail.com

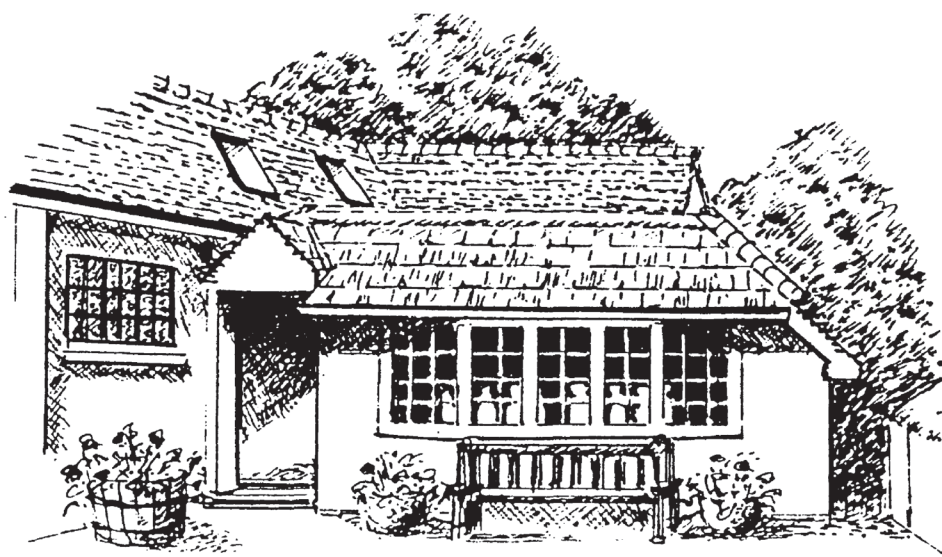
UPTON GREY VILLAGE SHOP

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shopuptongrey@btconnect.com

"Serving the Community"

"Supported by all who care for Village Life"



THE VILLAGE SHOP

OPENING TIMES

Monday - Friday: 7am - 7pm

Saturday: 7am - 6pm

Sunday: 8am - 1pm

RANGE OF GOODS

Special range of Cheeses
Fresh Bread & Vegetables daily
Fresh Meat & Fish to order
Range of Wine & Spirits
Home Cooked Food
and Delicatessen
Dry Cleaning & Shoe Repairs
Newspapers
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