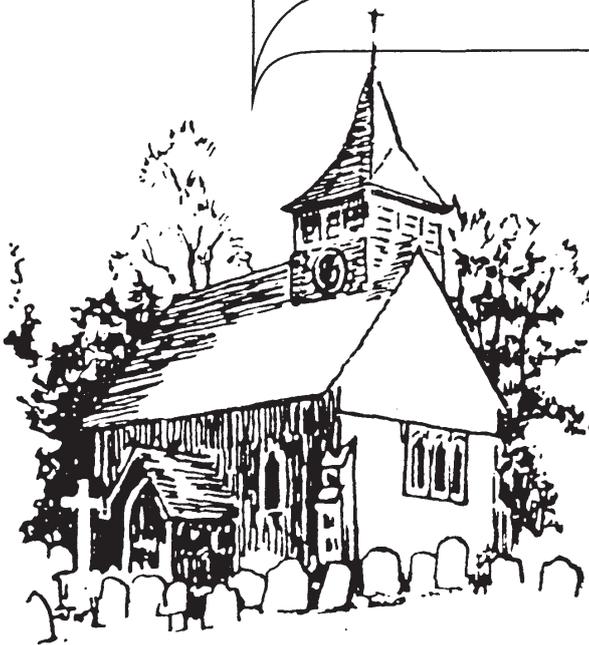


# PARISH MAGAZINE



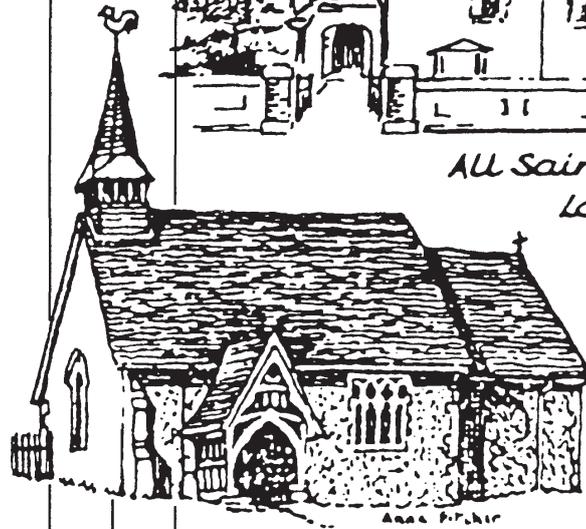
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FEBRUARY 2017

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Parishes' email address		nhdboffice@gmail.com
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<i>Church Wardens</i>		
Herriard/Winslade	John Jervoise Fiona Ives	01256 381723 07867 973266
Tunworth	Mark Ruffell Edwina Spicer	01256 346148 01256 471271
Upton Grey	Sarah Barnes Geoffrey Yeowart	01256 861164 01256 861218
Weston Patrick	Felicity George Mem FitzPatrick	01256 862594 01256 862359
Borough Councillor	Mark Ruffell	01256 346148 cldr.m.ruffell@basingstoke.gov.uk
County Councillor	Anna McNair Scott	01256 476422
Member of Parliament (Phone for your MP Surgery Appointments)	Ranil Jayawardena ranil.jayawardena.mp@parliament.uk	0207 219 3000
<i>Parish Chairmen</i>		
Herriard	Michael Branigan	01256 381260
Tunworth	Neil Taylor	01256 356267
Upton Grey	Paul Gray	01256 862440
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Winslade	John Raymond	01256 381203
PC Andy Reid	Main local Mobile	01256 389050 07768 776844
<i>Neighbourhood Watch</i>		
Herriard	Rebecca Wills	01256 381275
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**BENEFICE MAGAZINE – February 2017****Edition for the Parishes of Herriard with Winslade, Tunworth,  
Upton Grey and Weston Patrick**

Aged 73 my Grandmother started walking 5 miles each day. She's 97 now and we have no idea where she is. Sorry, terrible joke. It is however, very tenuously linked to the theme of this month's editorial.

We are frequently reminded that the UK is an ageing population. Increasingly people live longer and as a consequence require greater levels of care and help. We're used to hearing about the strain this places on public services and the cost of care which is often borne by families.

Added to this, as a society we tend to value youth and energy over experience and wisdom. We inhabit a culture in which activity is more highly prized than reflection and in which tomorrow is more interesting than yesterday. I think it's fair to say that this has created a situation in which older people are often undervalued and the contribution that they have to make, not just to society at large but within local communities and families, is understated and under-appreciated.

The Christian scriptures talk a lot about the importance of wisdom in living well. Frequently wisdom is linked to age and experience and is seen as a gift to be passed down from one generation to another. In the ancient book of Proverbs we read: "Listen, my son, to your father's instruction and do not ignore your mother's teaching. They will be a garland to grace your head and a chain to adorn your neck."

The writer (or writers) suggests that the path to wisdom involves listening and learning from those who have walked the steps before - that when it comes to acquiring wisdom there is no way to shortcut experience.

The church strives to be a community in which people of all ages are welcomed and valued. A family in which wisdom and experience is valued as highly as energy and new ways of being and doing. A community which actively promotes inter-generational conversation and friendships as part of full and flourishing life.

I recently had the privilege of spending some time with an elderly and almost immobile lady. She mentioned that at times she had felt as though she had little to offer, but that she had learnt to see the value of her experience and wisdom, and to make that her gift to others. There are few gifts so valuable.

**Rev Simon Butler**

## CHURCH NEWS

### Adult Choir

Our February practice is on Tuesday 7th February at 8.00pm, and we will sing at Parish Communion at 9.45am on Sunday 12th February.

### Lent 2017

There is quite a lot going on during Lent 2017 in the North Hampshire Downs Benefice, but in particular two events for your diaries:

*Shrove Tuesday Pancake Extravaganza – All Saints Odiham, 28th February, 3.00–6.00pm*

You are warmly invited to the North Hampshire Downs Benefice pancake feast hosted at All Saints, Odiham. Drop in any time between 3.00pm and 6.00pm and eat pancakes to your heart's content, experiment with different toppings, and enjoy some pancake related activities. The event is open to all ages and we'd love to see you. Pay on the door: £3.00 per plate and eat all you like!

#### *Benefice Lent Course*

Our 2017 Benefice Lent Course will start on Wednesday 1st March and run for six consecutive weeks. On 1st, there will be the lunchtime session and then in the evening the series will start with the Ash Wednesday service at Weston Patrick 7.30pm.

We're going to be following a course called 'Pilgrim'. Written by leading New Testament writer and lecturer Paula Gooder and with input from the Bishops of Chelmsford, Stockport and Sheffield, the course offers a chance to reflect afresh on the questions posed at Baptism services in the Church of England and to thoughtfully consider how our answers are worked out in day-to-day life.

The course is suitable for people of all ages and viewpoints. Whether you are a committed Christian or a thoughtful sceptic, we hope that there will be something in each session to stimulate thought and conversation.

This year we will run 2 sessions on each Wednesday of Lent. The lunchtime session will meet at All Saints, Odiham at 12.30–2.00pm and include a simple lunch. NB from 1st March. The evening session will meet at Mapledurwell Village Hall at 7.30pm–9.00pm and include a simple supper. NB from 8th March.

We're asking participants to book a place on the course so that we can make sure we've catered for everyone. There is a suggested donation of £10 per head for the whole course to help cover the cost of food.

To book a place please email [nhdboffice@gmail.com](mailto:nhdboffice@gmail.com) or call 01256 861706.

### **Other services coming up:**

The next 10.00am **Thursday Holy Communion service in Herriard** will be on 16th February. All are welcome to this informal, friendly and relaxed service, which is followed by refreshments.

On 1st March, Weston Patrick will be hosting our **Ash Wednesday service**. This is a Benefice service, it is at 7.30pm and all are very welcome.

**Mothering Sunday** is on 26th March this year and we have services in all our churches, starting with an 8.00am Holy Communion at Weston Patrick, and then Mothering Sunday services in Tunworth at 9.00am, Upton Grey at 9.45am and Herriard at 11.15am. These are lovely services for all so do join us.

### **Benefice Quiz**

This will take place on Friday 10th March at 6.45pm for 7.00pm in Odiham. Contact Sian Taylor to book a ticket: 01256 703395 or email: [admin@allsaintsodiham.org.uk](mailto:admin@allsaintsodiham.org.uk)

*Don't forget we have a website: [www.uptongreychurch.co.uk](http://www.uptongreychurch.co.uk). It carries the monthly Parish Magazine including service times and diary dates, plus details of local groups and organisations and other information relating to the four churches.*



## Kids' Zone

### February Birthdays

2nd Stephen Bellamy

18th Miles Yeoman

9th Barnaby Kemp

19th Poppy Curtis

9th Freddie Slemech

19th Archie Saint

13th Elspeth Holmes

20th James Smith

13th Claudia Rule

21st Georgiana Davy

14th India Del Mar

29th Christopher Driver

17<sup>th</sup> Victoria Stanway

*If you would like a child's birthday put in the magazine and they are not already on the list, please would you send name and birthday to Kate at [kate.goddard1@virgin.net](mailto:kate.goddard1@virgin.net).*

### Junior Choir

Please note there is no Junior Choir on 5th February and the next practice will be on Sunday 19th February at 9.00am ready to sing at 9.45am.

### Messy Church

This is on Friday 10th February in Upton Grey village hall. We will start at 3.30pm and finish about 5.00 and there will be the usual craft, games and worship and a picnic tea. Our theme this time is 'Love'. It is fun and all are very welcome. If you would like to join us, please email Julia Harker to let her know ([julia\\_harker@btinternet.com](mailto:julia_harker@btinternet.com)).

### Sparks Sunday Children's Group at St Mary's Upton Grey

St Mary's Upton Grey are re-launching their monthly Sunday morning get together for children and young people aged 3–11.

To celebrate we're going to have a launch party on Sunday 12th February in the Upton Grey Village Hall. There will be crafts, games, and food and we'd love you to join us.

We're going to meet at St Mary's church at 9.45am for the start of the service and then at 10.00am children and young people will be taken down to the Village Hall. Children can be collected from the hall at 11.00am.

From March Sparks will take place every 2nd Sunday of the month and will meet at 9.45am at St Mary's Church before walking down to the village hall.

### **Why is February so Short?**

Ever wonder why February only has 28 days, while all the other months have 30 or 31? Blame it on the Romans, specifically a Roman king named Numa Pompilius.

Numa established the basic Roman Calendar which, back in the 8th century BC, only had 10 months. The calendar also ended with December (In Latin 'Decem' means Ten)



The Romans, however, were an agricultural people and the main purpose of the calendar was to keep track of the cycle of planting and harvesting. There were 355 days in the lunar calendar which consisted of 12 lunar cycles with leap days added in to keep the calendar lined up with the seasons.

So to keep the Roman calendar in sync with the lunar one, Numa added two new months, January and February, to the end of the year.

Now, the Romans thought that even numbers were unlucky, so the king made seven of the calendar months 29 days long and four 31 days long. One problem: the calendar still didn't add up to 355 days. Thus Numa reluctantly made one month short and since February, at the time, was the last month of the year, he shortened poor February (January didn't become the first month until centuries after).

Years later, Julius Caesar reorganized the calendar again, giving it 365 days. And although myths about why February was short-changed persist (some say Augustus Caesar pilfered a day to add to his namesake month, August), the accepted truth is that February is short because it occurred at the end of the Roman year and was the victim of the need to get the number of days to fit within an Emperor's spec.



## NEWS FROM THE VILLAGES

### Local Police Report

Dear Residents

I start this month with an appeal for any information regarding a burglary to an out-building at the Manor House, Upton Grey on Saturday 14th January between 4.45pm and 6.45pm. If you were in the village at about those times and saw anything suspicious, please give me a call direct. We have also had a continuation of sheep-worrying incidents with a dog in Weston Corbett: 14 ewe lambs have now been killed by this dog, which I suspect is local to the area. I urge ALL dog owners to keep their dogs under strict control / on a lead when near livestock, please be aware that farmers can lawfully shoot any dog found worrying livestock on agricultural land, so please, if near livestock, keep your dog on a lead.

I now wish to present you with the annual reported crime statistics for 2016, overall across the whole of the beat area, (not my new extended area), 174 crimes were reported which is an increase on the 142 of 2015. Whilst the Home Office have changed the way in which crime is recorded it is still a very unwelcome increase.

	<b>2015</b>	<b>2016</b>
Herriard	13	16
Upton Grey	14	19
Weston Patrick	0	5
Weston Corbett	0	2
Tunworth	3	2

The types of crime that increased was burglary dwelling from 3 to 6, albeit one was a hotel room, vehicle crime rose by one, the burglary of outbuildings and sheds more than doubled – from 24 to 49, a spike being 11 in March and 17 in April 2016. Theft also rose from 18 to 23 instances and assault also increased albeit by one to 24 cases. Overall, of the twenty-two parishes of this beat area, eight saw an increase and four a decrease. I wish to remind residents of the continued need to be vigilant, report any suspicious vehicle / people, make sure your property is secured, record serial numbers of valuable items and, if possible, take a photograph, and make sure buildings have good locks, alarms and CCTV if possible. I am happy to call and give home security advice. Please also be aware that despite these

figures we continue to live in a reasonably secure and reduced crime area.

You may also be aware that the new Police & Crime Commissioner Mr Michael Lane is seeking your views on an increase in the precept that residents pay for policing in the county. If you wish to have an input on this idea please click onto the PCC website at <http://www.hampshire-pcc.gov.uk>. Mr Lane is also holding several public meetings across Hampshire and the IoW. For more details please click on to the above website. The nearest for us is on Thursday February 23rd at Gill Nethercott Centre, Whitchurch. All start at 9.00am and go to 4.00pm. The aim is to give those who live and work in rural communities the opportunity to give their views on rural crime and to help set future rural priorities that will eventually form part of a new rural crime strategy for Hampshire and Isle of Wight. Again the above website has more details.

Many thanks as always,

**Andrew REID, Local Constable. Police Constable 3746,  
Rural Beat Officer, Police Office, Preston Candover.  
DD: 01256:389050 HQ: 101; Mob: 07768:776844;  
Email: [andrew.reid@hampshire.pnn.police.uk](mailto:andrew.reid@hampshire.pnn.police.uk)**

### **Neighbourhood Policing**

Following an article in the Basingstoke Gazette early in January seeking people's views on levels of police funding and views on neighbourhood policing in particular, here is a link to a webpage where you can leave views on the subject: <https://www.neighbourhoodalert.co.uk>

### **New Parish Magazine Editor**

Alison Barker has decided, in view of many other commitments (not least organising the Upton Grey Church fete!), to stand down as one of our magazine editors after completing the March edition. We would all like to extend our very warm thanks for all her efforts over the years. She has been a star – always ready to pitch in with help and, with her keen eye for typos and other mistakes, an invaluable asset to the team on a monthly basis. Thank you, Alison!

We are delighted to announce that Sheila Stranks from Weston Patrick has agreed to be the new editor. Welcome to the team, Sheila!

**UPTON GREY NEWS**

[www.uptongreychurch.co.uk](http://www.uptongreychurch.co.uk)

[www.uptongreyparishcouncil.co.uk](http://www.uptongreyparishcouncil.co.uk)

**Village Hall 100 club January Draw**

First prize £100: No 75, Mrs J Stuart

Second prize: No 146, Mrs M Deere

The 100 club is YOUR village hall's main fundraiser. If you wish to support this valuable facility please contact Caroline James 01256 862480. Annual subs are £24 or £2 per month (Annual preferred).

**Housing Development – Weston Road**

The Parish Council would like to give thanks to the village for its much valued input in the evaluation of the planning application 16/03058/FUL (the development of 17 houses at Weston Road).

At the Basingstoke and Deane Development Control Committee Meeting in January, where the application was to be decided, Parish Councillor Nick Ralls and Sarah Hunt made excellent presentations objecting to the development. These were strongly backed up by Ward Councillor Mark Ruffell.

Unfortunately the Committee have unanimously voted to grant the application – the construction of the development can now go ahead (once the conditions on the planning permission have been fulfilled). Thanks again

**Hodd Music Night**

The next Music Night at the Hodd is taking place on Tuesday 28th February starting around 8.00pm.

All are welcome to come along and support our local musicians, who are really excellent, and enjoy a wide variety of music and songs together at the same time. Perhaps start with supper in the pub and join us in the barn room later.

All types of singers and players welcome – beginners, as well as experienced players. Looking forward to another great night of moving, silly, heart-warming, local, well known or sing-along songs  
Hope to see you there.

**Dave Peace**

### **Tea@3 February**

Our next tea is on Thursday 16th February. Annabet and Peter Chapman have kindly invited us to hold it at their house, Westfield, which is on the road out of Upton Grey going towards Greywell. As I (Barbara) am unable to be there, would you please contact Jill (862131) if you would like to come and let her know if you need a lift.

**Barbara 862627, Jill 862455, Viv 872455**

### **Spring show – Upton Grey**

The Upton Grey Spring show will this year take place on Saturday 8th April. Please all make a note of the date; in recent years the support for the show has been very good. The committee will be arranging the usual schedules of classes. Programmes will be sent out well ahead of the event in order to allow entrants plenty of time to prepare! There will be children's classes and, of course, teas and cakes etc. Further details in next month's edition.

### **Upton Grey Drama Group show**

Upton Grey Drama Group present their next show at Upton Grey Village Hall on Friday 24th and Saturday 25th March starting at 7.30pm.

Enjoy an evening of entertainment with 2 one act plays: *A Small Affair* by Bob Larbey and *All's Well That Ends As You Like It* by Michael Green.

Ticket information will be in the March Parish Magazine.

If you would like to help with the production please contact Sarah on [sajgray59@yahoo.co.uk](mailto:sajgray59@yahoo.co.uk)

### **Open Air Theatre: *Twelfth Night***

Following on from the success of last year's production of *A Midsummer Summer Night's Dream*, theatre company, Rain or Shine, return on Sunday 13th August to perform *Twelfth Night*.

Gates open at 3.00pm for picnics. The performance starts at 4.00pm. Tickets: £6 for adults and children (5 and over) will be available soon. For further information please contact Sarah on [sajgray59@yahoo.co.uk](mailto:sajgray59@yahoo.co.uk)

### **Churchyard team**

We have a team of some 12/14 volunteers who regularly tidy the churchyard. So well done to them!

We work in teams of two mowing the grass at the churchyard with two mowers provided by the church. To do the job properly it takes about two hours for two people working full pelt. I like to take half an hour longer and have a tea break half way through! We also have 1 strimmer in the name of John Newport who tidies up the grass round the tombstones. To be part of the team and to cut the grass twice a year is fine and in part creates some good fellowship. In excess of this it would become a bit of a chore. It would be good if others assisted as a well kept churchyard reflects on the village as a whole. If anyone in the village would like to join us then please telephone me or email me. I shall be preparing a rota for 2017 in mid February so please the earlier the better. Thank you.

**Peter Haynes tel 01256 862433. email haynes27@hotmail.co.uk**

### **Jumble Sale**

It's that time of year again for sorting out cupboards, drawers, attic etc for any unwanted items. The Jumble Sale on 11th March at Upton Grey Village Hall from 2.00pm to 4.00pm is in aid of Cancer Research. We can collect or you can leave items at 24 Little Hoddington, Upton Grey. Contact Pam and Brian on 862577.

### **Upton Grey Safari Supper**

11th March 2017 is the date for the next Safari Supper; please keep the evening free so that you can join in. You should all have received an invitation with your parish magazine last month. If you haven't got one or have misplaced it please email clevesfarm@btinternet.com and I will send you a form. The last date for applying is February 10th which gives me a bit of time to organise the groups and give the hosts their guest lists. Any questions - please call Jo Adair, Cleves Farm 862005

I have been organising the Safari Supper for quite a long time and I am ready to pass the event on to the next volunteer. It is not complicated and is a fun and worthwhile fundraiser for St Mary's Church. Please phone or email me if you are interested.

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see also *Tree Work, Logs & Xtra ad*

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## **Upton Grey Church Fete**

This year's Church Fete will be held in the beautiful gardens of Sherborne Cottage, courtesy of Sue and David Scott. Your favourite stalls and games, afternoon teas 'to die for', delicious Pimm's cocktails and scrummy ice creams will all be there, accompanied by a band and lively Punch and Judy shows! There will be a tombola and raffle and a Silent Auction that offer the chance to win fabulous things. It will be a fabulous afternoon, and we look forward to welcoming you at 2.00pm on June 10th.

The Church Fete is a wonderful, friendly afternoon – if you want to feel a part of it, why not get involved? We always appreciate more manpower, please call me on 861745, or email me at [alison12345@btinternet.com](mailto:alison12345@btinternet.com). Many thanks. **Alison Barker**

## **Children in Need 2017**

Oooohhh Aaaagghhh, me hearties ... shiver me timbers and brace yoursel', 'cos Children in Need is back again this year for 2017... Yihhaaaaa ... and we are going to go all piratical for a change!!

This is a completely "MUST DO" date for this coming November as we want to fill the church again and raise loads of pieces of eight for Children in Need, so get your pens & diaries ready.

After a year's long absence and much gnashing of teeth and wringing of hands ... **CHILDREN IN NEED IS COMING BACK AGAIN!!!**

The date for this latest CiN voyage is now set for Saturday 11th November 2017, and will take place on the good ship "St Mary's of Upton Grey", setting sail at 4 bells in the first dog watch (6.00pm to all you landlubbers) for places strange and wonderful.

Ok, you motley village crew, you have all had a lovely year off since 2015, but now it is time to let your creative side think pirates and ships and matelots, and all things nautical and naughty. We are depending on you to make Children in Need 2017 even better than 2015, if that's possible, so avast ye all and get your parrots and your pirate gear out of the loft, dust them off and shine them up ready for the concert.

As usual, we will be looking for new and old crew, able and not so able, small and large, the good, the bad and the funny, to help make this voyage a great one. We need good crew, bad crew, naughty crew,

amusing sailors, creepy pirates, storytellers, vagabonds, musical folk who can do a shanty, actors who can spin a yarn, people who can do silly things on a plank, pranksters who do pranks, jokers who can do jokes and anything else you can think of. Also, anyone who can make grog to keep the sailors going, and some pirate vittles half way through would be good, and maybe even a crocodile if we can find one. Anyone got a huge alarm clock ..tick tock tick tock??

The crew list is now open for any of you with good ideas or things they would like to do in exchange for some 'pieces of eight' (well, a drink and a sandwich maybe) and a moment of glory on the poop deck.

As usual, the plot will thicken and curdle between now and September, when we will start to bring it all together. We will have the usual two rehearsals before the show; one on the Saturday before the show, 4th November at 2.00pm when we will have our first full run through, and the second rehearsal on the day of the show at 2.00pm, so we are all ready and fired up for the performance at 6.00pm.

Please make yourself known to the Captain and Captain's mate below, who will happily enrol you on the crew list.

**Dave and Cas, 01256 861325, Davepeace@spottydog2.fsnet.co.uk**  
**Cas@caspeace.com**

## **HERRIARD AND WINSLADE NEWS**

**[www.herriard-pc.gov.uk](http://www.herriard-pc.gov.uk)**

**<https://www.facebook.com/herriardexservicesclub>**

**Join 'Herriard Village' Group on <http://www.Facebook.com>**

### **Herriard Sports Club**

We have started preparing for the coming cricket season. Indoor nets started in January at Dummer Cricket School and will continue on a weekly basis through to mid-March when with lighter evenings we will move outside and practise at Herriard Green. We field two teams on a Saturday in the Hampshire Cricket League, a mid-week team playing in the Basingstoke and North Hants Evening League and have a number of Sunday friendly matches throughout the season. If you are interested in playing cricket this coming season either league or friendlies why not join Herriard. For more information refer to our cricket website – [herriardsportsclub.hitssport.com](http://herriardsportsclub.hitssport.com) where there is a facility to email the Club.

**Nick White, Chairman**

### **Herriard Christmas Fair**

Our Christmas Fair although very close to Christmas this year, was again a successful and friendly village event. The stalls all looked fabulous and the village hall so festive, with local produce, art and crafts, gardening items, Christmas gifts, clothes and antiques along with a tombola, raffle and, of course, Santa. A total of £192.00 was raised from the tombola and this together with £38.00 donated from the gardening club raffle will be given to St Mary's church funds. The Herriard Gardening Club also raised £100.00 for its funds, which will be very useful for their newly- acquired allotment. Many thanks to all the ladies who helped in the kitchen, and also to Tracy for doing the bar. Well done to the stall holders and to Santa. Wishing you all a happy and healthy New Year. **Di**

### **Herriard Green – Dog Fouling**

I would also like to remind people who are walking their dogs on the green, in the dark, that they should take a torch so that they can see to pick up behind their pets. There is a lot of mess not being cleared up so please remember that it is your responsibility to do so. Bins are available to put your poop bags in so there's really no excuse is there?

## **Herriard Gardening Club**

Happy New Year from all of us in Herriard Gardening Club! What a great 2016 we had and a good start to 2017. We had a lovely meeting on Sunday 8th January at the allotment, where we planned the plot for the coming year, followed by a gorgeous lunch at Di Southam's home! Our next Club Meeting is on Saturday 4th February at 11.00am, meeting at the allotment, all are welcome to join us, just contact me on 01256 381053 for more information.

### **Tasks For February**

1. Prune your wisteria now, cutting back side shoots to 2 or 3 buds.
  2. Cut back shrubs such as cornus and Salix (grown for their colourful winter stems) down to the base.
  3. Lift and divide snowdrops still 'in the green' if you want to create more plants.
  4. Plant bare-root roses.
  5. Force rhubarb plants by placing a bucket or container over the crown.
  6. Prepare vegetable beds by forking in plenty of compost.
  7. Cut Autumn fruiting raspberries to the ground to stimulate new canes.
  8. Prune apple trees and pear trees whilst they are still dormant, but leave cherry and plum until the summer to avoid disease.
  9. Sow sweet peas now in greenhouse, soak them in tepid water overnight to speed up germination!
  10. Start chitting early potatoes!
- Spring will be here soon, hurray!

**Gill Venning RHS Dip – 01256381053**

## **Herriard and Lasham with Bentworth WI**

The next meeting is on 2nd February at 2.30pm 'What the Butler Saw' by Mr. J. Pitman.

## TUNWORTH NEWS

### **Tunworth coffee morning**

One of the delights of living in Tunworth is attending the monthly coffee morning held at 10.30am in the church on the first Thursday of the month.

Without a shop or a pub this has been a wonderful opportunity for local people to meet and get together and share their news in the beautiful surroundings of the church.

**Vicky Remnant**

### ...AND OTHER IMPORTANT THINGS

#### **Odiham & Old Basing Health Centre Patient Participation Group Pneumonia**

Pneumonia is swelling (inflammation) of the tissue in one or both lungs. It's usually caused by a bacterial infection. At the end of the breathing tubes in your lungs are clusters of tiny air sacs. If you have pneumonia, these sacs become inflamed and fill up with infected fluid.

The symptoms of pneumonia can develop suddenly over 24–48 hours, or may come on more slowly over several days. They include

- a cough – which may be dry, or produce thick yellow, green, brown or blood-stained mucus (phlegm)
- difficulty breathing – your breathing may be rapid and shallow, and you may feel breathless, even when resting
- rapid heartbeat
- fever
- feeling generally unwell
- sweating and shivering
- loss of appetite
- chest pain – which gets worse when breathing or coughing

Less common symptoms include:

- coughing up blood (haemoptysis)
- headaches
- fatigue
- nausea or vomiting
- wheezing
- joint and muscle pain

- feeling confused and disorientated, particularly in elderly people

See your GP if you feel unwell and you have typical symptoms of pneumonia but seek urgent medical attention if you're experiencing severe symptoms, such as rapid breathing, chest pain or confusion. Pneumonia can be difficult to diagnose because it shares many symptoms with other conditions, such as the common cold, bronchitis and asthma. Your GP may be able to diagnose pneumonia by asking about your symptoms and examining your chest. However, further tests may be needed in some cases.

Mild pneumonia can usually be treated at home by:

- getting plenty of rest
- taking antibiotics
- drinking plenty of fluids

If you don't have any other health problems, you should respond well to treatment and soon recover, although your cough may last for some time.

As pneumonia isn't usually passed from one person to another, it's safe to be around others, including family members. However, people with a weakened immune system should avoid close contact with a person with pneumonia until they start to get better.

Pneumococcal pneumonia is a common cause of death in the elderly but can be prevented or minimised by a single injection of a vaccine. This is offered at the Odiham and Old Basing Health Centre to all those at increased risk such as those aged 65 years or above.

### *Missed appointments*

There were just under 2000 missed appointments in Odiham and Old Basing in 2016. What a waste!

### **Valentine's Ball at The Alton Maltings**

On Saturday 18th February, black tie dinner with The Standards Live Band. Only three tables for eight or ten people remaining for this event! If you would like to reserve one of these tables please let me know asap.

Alternatively, if you would like to come along with your Valentine and join one of our tables then we would love to see you!

Please call us on 01420 544794 or email [denise@cardiac-rehab.co.uk](mailto:denise@cardiac-rehab.co.uk) and we can reserve your tickets for you.

### **Mozart Requiem**

The next concert by the Jubilee Choir will be a performance of the Mozart Requiem on Sunday 19th March at 6.30pm in All Saints' Church, Odiham, with chamber orchestra and soloists and conducted by Oliver Tarney, Head of Composition and Singing at Winchester College. Do come and listen to this wonderful music in the warmth and comfort of the newly re-ordered church – tickets are £10 and available from Katharine Jane in the High St, Odiham or by calling 01256 702249.

### **North Hampshire Downs Mothers' Union**

This month's meeting is on our new day of the week, Tuesday 21st February at earlier time of 7.30pm in the RAF church hall. We shall be discussing this year's knitting project also a future fund-raising Event in aid of AFIA, (the Away From It All holiday which is run by the Mothers' Union in this diocese).

We decided last year that our banner needed restoring and asked advice from a very gifted member of our congregation, Diana Mitchell. She found that it was in a sorry state and the stitches had rotted, so we needed to replace it.

We were allowed to provide the material; Diana got Mary Turner to design it, then Diana, helped by Mary and June Davis, embroidered it and their work was totally voluntary. We were all keen for it to be ready for us to carry at the MU Festival Service in Winchester Cathedral in September 2016 and this was achieved. As it was the 140th Anniversary of the founding of the Mothers' Union by Mary Sumner, this was a gathering of ALL the MUs in the country. It turned out that very few banners were to be borne, so our beautiful new one was not to be seen there.

That took the pressure off us to have the Banner dedicated, so we have waited while all the reordering work was done in All Saints' Church, Odiham. I'm glad to say that our new banner will be dedicated on Sunday 12th March when Bishop David will be with us. We are so grateful to Diana, Mary and June for our beautiful new banner.

Do join us for both these occasions.

More information from our Leader, Sue Murphy 01252 845011

**North Warnborough and District Garden Club**

Our next meeting will be held on Thursday 23rd February in the North Warnborough Village Hall at 2.10pm for a 2.30pm start. Our speaker will be John Salway whose talk is entitled 'BBC Gardeners' World Filmed Our Sub-Tropical Garden in Surrey'.

Our competitions for February are:

1. A Pot of Crocuses
2. A Posy of Snowdrops with Greenery

Visitors are very welcome to join us. We are a friendly Club whose members share an enthusiasm for gardens and gardening. During the growing season, we always have a plant stall starting at 2.10pm.

### **Basingstoke Discovery Centre – Special Events for February**

These are the one-off special events taking place at the Discovery Centre during February:

*Birds & Gardens: Perfect Partners – 2.00pm Saturday 4th February*

In this illustrated talk by Alick Jones, find out how we can make our gardens better habitats for birds and about the role of the Garden Birdwatch. £3.00

*Charlie's Storytelling Parties – 10.00am & 11.15am Monday 20th February*

Join children's entertainer and actress Charlie Sanderson for 45 minutes of storytelling, singing and other surprises! Ages 3+ £3.75 (accompanying adults free)

*Be Confident and Safe around Dogs, a workshop for children –*

*11.00am Tuesday 21st February* The Education and Community

Officer for Dogs Trust in the South will be leading a workshop on Dog Safety for children aged 5-11. There will be lots of fun interactive activities, arts & crafts, story-telling and an opportunity to meet a special visitor too! £1 per child (Adults free)

*Art Workshop – 10.30am–1.00pm Thursday 23rd February*

Join us for a morning of arts and crafts to celebrate your favourite children's books. Ages 8+ Cost: £3.00

*Dragons & Unicorn – 10.00am Friday 24 February* A whole day of

FREE activities for all ages: 3D-colouring, craft, LEt'sGO Construction and more.

For further information, phone 01252 843848, or go to <https://www.hants.gov.uk/library/events/libraryevents-eventsearch?venueid=6>

## SMALL ADS

### **Holiday homes in unique locations**

*Polzeath, Cornwall* New contemporary house, 1 minute walk from Cornwall's best surfing beach. Built to high standard. Sleeps up to 6 people.

*Kingswear, Devon* 4-bedroom house with great views across the river to Dartmouth. Sleeps 8. Short walk from ferries. Can be rented as single unit or the newly-built top floor with balcony can be rented as a self-contained flat for 2 people.

*Solvay Island, Turkey* A luxury villa on an island just off the coast of Fethiye. Front line location with jetty and direct sea access. Very special location with spectacular views. Infinity pool, 4 ensuite bedrooms, terraces. Sleeps 8. For more details of all the above contact: [uniquelocations@hotmail.com](mailto:uniquelocations@hotmail.com) or 07801373990

### **Herriard, converted stable block**

Available for short lets, weekends, holidays, wedding guests etc. Beautiful countryside, walk straight onto foot/bridle paths. Large double bedroom, bathroom, open plan 26' kitchen/dining/drawing room with log burning fire. Small garden. 2 night minimum. Breakfast food provided for 2-night stays. Tricia Neri 07788 585001 or [tricianeri@aol.com](mailto:tricianeri@aol.com)

## HALLS FOR HIRE

**Upton Grey Village Hall** for hire from £7.00 per hour. Functions, meetings, parties, private and commercial. Full kitchen facilities, central heating and sound system, chairs, tables, crockery and cutlery available. Contact Brian and Pam Dixey for further information, 01256 862577.

**The Royal British Legion Hall, Herriard** Available for hire: wedding receptions, functions, parties, meetings, events. Fully licensed bar, full kitchen facilities, garden, tables and chairs, sound system, disabled access, central heating, pool table and darts. Key holder 01256 381403 or email [hall\\_bookings\\_to\\_herriardrblhall@aol.co.uk](mailto:hall_bookings_to_herriardrblhall@aol.co.uk)

**CHURCH SERVICES** (please also see the weekday services under “Regular Events”)**5th February – The 4th Sunday before Lent**

Holy Communion (1662 said)	8:00am	Tunworth
Family Communion (CW sung)	9:45am	Upton Grey
Family Communion (sung)	11:15am	Herriard
Matins (sung)	11:15am	Weston Patrick

**12th February – The 3rd Sunday before Lent**

Holy Communion (1662 said)	8:00am	Herriard
Parish Communion (CW sung)	9:45am	Upton Grey
Holy Communion (CW sung)	11:15am	Weston Patrick
Evensong (sung)	5:00pm	Tunworth

**19th February – The 2nd Sunday before Lent**

Holy Communion (1662 said)	8:00am	Upton Grey
Holy Communion (CW sung)	9:00am	Tunworth
Family Service (sung)	9:45am	Upton Grey
Morning Prayer (sung)	10:00am	Herriard

**26th February – The Sunday next before Lent**

Holy Communion (1662 said)	8:00am	Weston Patrick
Family Service (sung)	9:00 am	Tunworth
Family Service (sung)	10:00am	Herriard
Café Church	11:00am	Upton Grey

**1st March – Ash Wednesday**

Benefice Holy Communion (sung)	7:30pm	Weston Patrick
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**5th March – The 1st Sunday of Lent**

Holy Communion (1662 said)	8:00am	Tunworth
Family Communion (CW sung)	9:45am	Upton Grey
Family Communion (sung)	11:15am	Herriard
Matins (sung)	11:15am	Weston Patrick

**12th March – The 2nd Sunday of Lent**

Holy Communion (1662 said)	8:00am	Herriard
Parish Communion (CW sung)	9:45am	Upton Grey
Holy Communion (CW sung)	11:15am	Weston Patrick
Evensong (sung)	5:00pm	Tunworth

**19th March – The 3rd Sunday of Lent**

Holy Communion (1662 said)	8:00am	Upton Grey
Holy Communion (CW sung)	9:00am	Tunworth
Family Service (sung)	9:45am	Upton Grey
Matins (sung)	10:00am	Herriard

**26th March – The 4th Sunday of Lent / Mothering Sunday**

Holy Communion (1662 said)	8:00am	Weston Patrick
Mothering Sunday Service (sung)	9:00 am	Tunworth
Mothering Sunday Service (sung)	9:45am	Upton Grey
Mothering Sunday Service (sung)	11:15am	Herriard

## **DATES FOR YOUR DIARY – February 2017**

2nd Feb	Thu	What the Butler Saw! WI Talk at RBLH, Herriard	2.30pm
4th Feb	Sat	Herriard Garden Club meeting, allotment, Herriard	11.00am
6th Feb	Mon	Herriard Parish Council meeting	7.30pm
10th Feb	Fri	Messy Church, UG Village Hall	3.30pm
12th Feb	Sun	Sparks Sunday Children's Group Launch, Meet at Church	9.45am
16th Feb	Thurs	Tea@3, Westfield, Upton Grey	3.00pm
18th Feb	Sat	Cardiac Rehab Valentine's Ball, Alton Maltings	7.00pm
23rd Feb	Thur	NW Gardening Club meeting, NW Village Hall	2.10pm
28th Feb	Tue	Shrove Tuesday Pancake Extravaganza – All Saints Odiham	3-6.00pm
28th Feb	Tue	Music Night, Hoddington Arms, Upton Grey	8.00pm

### **Advance Dates 2017**

1st Mar	Wed	Lent Course lunch time sessions start, All Saints Odiham	12.30pm
1st Mar	Wed	Ash Wednesday benefice service, All Saints Odiham	7.30pm
8th Mar	Wed	Lent Course evening sessions start, Mapledurwell Village Hall	7.30pm
10th Mar	Fri	North Hampshire Downs Benefice Quiz, Odiham	6.45pm
11th Mar	Sat	Jumble Sale, Upton Grey Village Hall	2.00 –4.00pm
11th Mar	Sat	Safari Supper, Upton Grey	7.00pm
19th Mar	Sun	Mozart Requiem, All Saints Church, Odiham	6.30pm
24th & 25th Mar		Drama Group show, Upton Grey Village Hall	7.30pm
8th Apr	Sat	Spring Show, Upton Grey Village Hall	1.30pm
10th Jun	Sat	Upton Grey Church Fete, Sherborne Cottage	2.00 –5.00pm
12th Aug	Sat	Summer Flower Show, Church Meadow Upton Grey	1.00pm
12th Aug	Sat	Summer Disco Dinner Party, Church Meadow, Upton Grey	7.30pm
13th Aug	Sun	Twelfth Night, Church Meadow, Upton Grey	3.00pm
28th Oct	Sat	Upton Grey Autumn Festival	
11th Nov	Sat	Children in Need, St Mary's Church, Upton Grey	6.00pm

### **Regular Events**

Each Mon		Prayer Group, 4 Little Hoddington	9.45am
Each Wed		Upton Grey Toddler Group	10.00am
Each Wed		Dementia Support plus Carers, Sunflower Café, Odiham	2.00pm
1st Thurs		Herriard WI (except Jan 2017!)	7.30pm
1st Thurs		Tunworth Coffee morning, Tunworth Church,	10.30pm
1st Sun		Junior Choir Practice in Upton Grey Church	9.15am
2nd and 4th Mon		Upton Grey Bridge Club at The Hodd	7.30pm
3rd Thurs		Holy Communion, Herriard Church	10.00am
Last Thurs		Herriard Village Supper at Fur and Feathers (check first)	7.30pm

Copy deadline: The deadline for articles and items is 15th February for the March issue.

Email [parishmagazine@uptongreychurch.co.uk](mailto:parishmagazine@uptongreychurch.co.uk) and [editors@uptongreychurch.info](mailto:editors@uptongreychurch.info).

If your item is really crucial and time-critical, please also email next month's editor Alison Barker – [alsison12345@btinternet.com](mailto:alsison12345@btinternet.com)

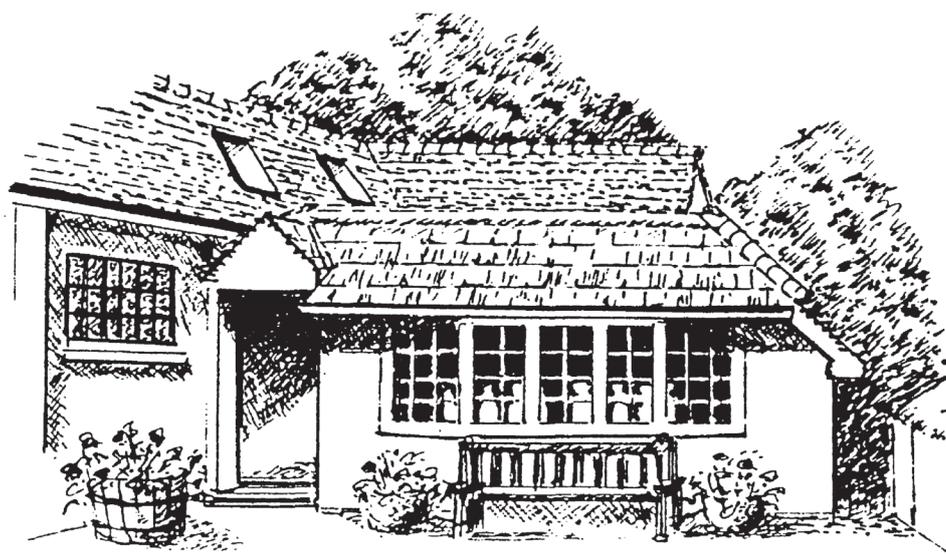
# **UPTON GREY VILLAGE SHOP and POST OFFICE**

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[shopuptongrey@btconnect.com](mailto:shopuptongrey@btconnect.com)

*"Serving the Community"*

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## **THE VILLAGE SHOP**

### **OPENING TIMES**

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Saturday: 7am - 6pm

Sunday: 8am - 1pm

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Fresh Bread & Vegetables daily  
Fresh Meat & Fish to order  
Range of Wine & Spirits  
Home Cooked Food  
and Delicatessen  
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## **THE POST OFFICE**

### **OPENING TIMES**

Monday - Friday: 9am - 12.30pm

Saturday: 10am - 12pm

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Pensions and Benefits Payments  
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